



YSZ HS For Girls Sunrise Inspiration (/index.php/local/27-schools/7347-ysz-hs-for-girls-sunrise-inspiration)

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The *talmidot* at YSZ High School for Girls began Friday morning, September 30, at 5:30 a.m., when the world was quiet and the sky still dark, as a bus waited in front of the campus for something spectacular. Within a few minutes, the girls, huddled in sweaters and ready for an adventure, were on their way. After some words of inspiration shared by Mrs. Rina Zerykier, *menahelet*, about the power of the *Aseret Yemei Teshuvah*, sunrise, and *t'hilim*, students found a spot on the vast beach to *daven* and feel the grandeur of Hashem's creation. Enveloped in nature, and immersed in the *t'filah*, the girls connected to the precious time and uniqueness of the moment. A delightful breakfast of muffins and hot chocolate followed with pre-Shabbat music and *ruach* that energized the girls for the day.

The girls enjoyed camaraderie and scenic views, and took advantage of the photo op collectively as a school. Magnificence is the word that captured the moment, feeling, and impact that YSZ Girls High School shared on this special *erev Shabbat* of Shabbat Shuvah.



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